

Skills Competency Checklist

(Keep this form updated throughout entire two years of the nursing program)

STUDENT'S NAME : **Kendra Koenig**

<i>Skills</i>	<i>Date</i>	<i>Supervised By Peers</i>		<i>Supervised By Instructor</i>
Universal Precautions				
Hand wash/Isolation Techniques NI80	1/26	KJ		<i>ME</i>
Nutrition				
Feeding pump NI80	2/10	KJ		<i>ME</i>
Nasogastric tube (NGT)				
Insertion NI80	2/10	KJ		<i>ME</i>
Measure residual NI80	2/10	KJ		<i>ME</i>
Check position of NGT NI80	2/10	KJ		<i>ME</i>
Connect to suction NI80	2/10	KJ		<i>ME</i>
NGT/G-Tube irrigation/feeding NI80	2/10	KJ		<i>ME</i>
PEG-Gastrostomy tube NI80	2/10			
Measure blood glucose NI80	3/10/11	<i>Tri-City</i>		<i>ME</i>
Total Parenteral Nutrition NI83				
Measuring intake and output NI80	2/9/11	KJ		<i>ME</i>
Assisting with meals NI80	2/9/11	KJ		<i>ME</i>
Elimination: Urinary				
Collect specimen				
Clean catch NI80	2/16/11	KJ		<i>ME</i>
Sterile catheter NI80	2/16/11	KJ		<i>ME</i>
Catheterize: Male/Female				
Straight NI80	2/16/11	KJ		<i>ME</i>
Indwelling NI80	2/16/11	KJ		<i>ME</i>
Continuous bladder irrigation/CBI NI80				
Elimination: Gastrointestinal				
Stool specimen O & P, C & S NI80	2/9/11	KJ	BG	<i>ME</i>
Hemoccult or Guaiac test NI80	2/9/11	KJ	BG	<i>ME</i>
Change stoma appliance	2/9/11	KJ	BG	<i>ME</i>
Ileostomy NI80	2/9/11	KJ	BG	<i>ME</i>
Colostomy NI80	2/9/11	KJ	BG	<i>ME</i>
Enemas: Fleet/ Tap water NI80	2/9/11	KJ	BG	<i>ME</i>

Skills Competency Checklist (cont.)

<i>Skills</i>	<i>Date</i>	<i>Supervised By Peers</i>		<i>Supervised By Instructor</i>
Oxygenation/Cardiac				
Administer oxygen N180	2/2	KJ		ME
Nasal cannula N180	2/2	KJ		ME
Mask N180	2/2	JO		ME
Mist tent/hood				
Monitor use of incentive spirometer N180	2/2	KJ		ME
SVN & MDI treatments N180	2/17/11	TSC		ME
Blood transfusion N183				
Attach to cardiac leads N183				
Suction N183				
Nasopharynx/Oropharynx N180	2/2	KJ		ME
Tracheostomy Endotracheal Tube N281	4/16/12 5/7/12	JD		
Tracheostomy care N281	4/16/12	JD		
Care for ventilator client N281	5/7/12 TCMC	JD		
Chest tube N281	4/16/12	JD		
Wound Care				
Clean dry dressing change N180	1/27	KJ		ME
Sterile dry dressing change N180	1/27	KJ		ME
Irrigate wound N180	1/27	KJ		ME
Pack wound N180	1/27	KJ		ME
Remove sutures N183	11/4	TSC	FO	JD
Remove staples N183	11/4	TSC	FO	JD
Penrose drain care N183	11/4	TSC	FO	JD
Hemovac care N183	11/4	TSC	FO	JD
Jackson Pratt care N183	11/4	TSC	FO	JD
Peri-Operative Care				
Don sterile gloves N180	1/26	KJ		ME
Don sterile gown N183				
Complete pre-op checklist N183				
Standard post-op care N183				
Medications: Oral N180	2/17/11	TSC		ME

Skills Competency Checklist (cont.)

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Medications: Topical Apply topical ointment, drops, creams, suppositories N180	2/17/11	JO	TSC	ME
Medications: Parenteral				
Withdraw from ampule/vial N180	2/24/11	JO		ME
Intradermal injection N180	2-3-11	RM	EJ	ME
Subcutaneous injection N180	3-3-11	RM	EJ	ME
Intramuscular injection N180	3/3/11	RC	EJ	ME
Z track injection N180	3/3/11	TSC	EJ	ME
Mix insulin N180	2/24/11	RC	EJ	ME
Pediatric Immunization N182	9/28/11	JO	EJ	J. Vignato
IV insertion N183	10/19/11	TSC	SA	Im
IV push N183	10/19/11	TSC	SA	Im
IV piggyback N183	10/19/11	TSC	SA	Im
Peripheral lines		TSC	SA	Im
Regulate IV flow N183	10/19/11	TSC	SA	Im
Monitor IV infusion N183	10/19/11	TSC	SA	Im
Set up IV line N183	10/19/11	TSC	SA	Im
Change IV solution N183	10/19/11	TSC	SA	Im
Change IV tubing N183	10/19/11	TSC	SA	Im
Change peripheral Dressings N183	10/19/11	TSC	SA	Im
D/C IV N181				
Blood Transfusion N183		TSC		
Blood draw N281				
Saline/Heparin lock N183	10/19/11	JO		Im
SAS (H) Flush N183				
Venous Access Devices (VAD)				
Flush lines N281				
Change Caps N281				
Change Central line dressing N281	4/10/12	BA		

Skills Competency Checklist (cont.)

Skills	Date	Supervised By Peers		Supervised By Instructor
Physical Assessment				
General physical assessment N180	2-23-11	RM		JE
Obstetric physical assessment N182	8-26-11	JO		J. Vignato
Newborn Assessment N182	8-26-11	JO		J. Vignato
Vital signs				
Blood pressure N180	1/27/11	KJ		JE
Pulse N180	1/27/11	KJ		JE
Temperature N180	1/27/11	KJ		JE
Respirations N180	1/27/11	KJ		JE
Pulse oximetry N180	1/27/11	KJ		JE
Measuring Height and Weight N180	2/9/11	KJ		JE
Pain Assessment N180	1/27/11	JO		JE
Well Elder Assessment-N281				
Personal hygiene				
Bathing /oral care N180	2/3/11	KJ		JE
Oral Care Unconscious N180	2/3/11	KJ		JE
Transfer, positioning, ambulation N180	2/2/11	KJ	RM	JE
Bed making N180	2/3/11	KJ		JE
Restraints				
Belt, extremity, mitten, elbow N180	2/2/11	KJ		JE

Instructor's Signature

Marti Essman

Gail Hargas

Denise Omitt

Vicky Tam

Angelito DeLa Cruz

Peer's Signature

Joan Moore

Bruno Gomes

Rachel Martinez

Joanne Ong

Elyse Johnson

Sumaira Akbarzadeh

Initials

JE

JE

Initials

KJ

RG

RM

JO

ES

SA